

Engaging, Flexible, and Impactful

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The all-in-one well-being and challenges solution for modern workplaces

The Business Case for Well-Being Benefits

Employee expectations around well-being have evolved. Traditional wellness programs often lack flexibility and struggle with engagement, while Espresa's holistic well-being solution delivers high participation and real impact through highly personalized solutions.

- **Effortless Administration** Streamline your well-being initiatives with a single platform, integrating challenges, events, and incentives seamlessly
- **Built-in Engagement** Foster a culture of well-being with customizable challenges, wellness communities, and on-demand fitness, nutrition, and mindfulness classes
- Integrated with LSAs Incentivize healthy habits by rewarding employees with Lifestyle Spending Accounts (LSA) dollars for well-being activities

Why Well-Being Challenges Work

- **Boost Participation –** Gamified challenges and friendly competition keep employees engaged and motivated
- Data-Driven Results HR teams gain real-time analytics on participation, engagement, and program success
- Flexible & Inclusive Designed for global teams, with customization by country, region, language, and currency

Wellness incentives can be seamlessly integrated into LSAs, allowing employees to earn and spend rewards in a way that matters most to them.

What Sets Espresa Apart

Flexible, Customizable Programs

 Tailor well-being challenges to fit company culture and employee needs

Real-Time Analytics

 Track engagement, participation, and program effectiveness with transparent reporting

Seamless Tech & Integration

 Consolidate activity from wellness partners and connected apps and devices, ensuring a seamless employee experience

Future of Well-Being: Engagement at Scale

Traditional wellness programs struggle with low engagement and high costs. Espresa's well-being and challenges platform transforms participation by making well-being fun, flexible, and rewarding.

The all-in-one platform for employee wellness, incentives, and community building:



94% of employers position well-being programs as a core part of their benefits strategy



80%+ engagement rates when challenges, incentives, and communities are combined

Elevate Well-Being with Challenges that Engage and Inspire

Traditional wellness programs struggle with low engagement and high costs.

Espresa's well-being and challenges platform transforms participation by making well-being fun, flexible, and rewarding.

- Personalized Well-Being Challenges
 Keep employees engaged with fitness,
 mindfulness, nutrition, and personal
 development challenges
- Community-Driven Wellness
 Encourage teamwork, social engagement, and peer motivation with wellness communities
- Integrated Incentives
 Employees earn points or funds for completing challenges, redeemable in Espresa's zeromarkup marketplace or LSA Plus™ wallets
- Device-Connected & Accessible
 Supports employees' favorite wellness apps,
 wearables, and fitness-tracking tools



"Employees expect typical health benefits, but adding a wellbeing program from Espresa packs more punch than any other platform on the market. With LSAs, earned allowances, and challenges added, they've proven their well-being app delivers on what employees love to engage with."

> Nancy Vitale, Fortune 500 Chief People Officer

HR's One-Stop Well-Being Platform

With Espresa's Well-Being and Challenges, you can:

- Consolidate wellness initiatives, reducing administrative burden
- Incentivize and gamify
 engagement with built-in rewards
- Support total well-being physical, mental, financial, and social
- 50% of employers combine wellbeing programs with LSAs to maximize impact



Make Well-Being Effortless & Impactful

The easiest way to drive engagement, retention, and a healthier workforce. **Let's electrify employee well-being!**



Join the people-first companies modernizing their benefits strategy with Well-Being & Challenges





