

Do you know what's in your LSA?

Your Lifestyle Spending Account (LSA) is ready to cover your expenses, but do you know what is covered? To get started, look into expenses like:



Wellness & Fitness -

Reimbursements for gym memberships, personal training, meditation, wellness



Career Growth

Select from courses, coaching, events, and conferences



Home & Commuting -

Fund ergonomic furniture, transit passes, standing desks



Everyday Life -

Family care, rideshare apps, doggy day care, headphones

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All you have to do is log in, spend smart, and upload your receipt!

Download the Espresa App on Apple or Google Play

Ask your HR team which expenses fit into your benefits plan

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